

HEALTH AND MEDICAL POLICIES

The best prevention for infectious diseases and the spreading of germs is adhering to the State's immunization schedule, hand-washing, and sanitation of toys and surfaces. We want all of the children to attend school/camp as much as possible, but not when they are sick and/or contagious. Children should **NOT** come to school/camp if they have any of the following symptoms:

- Fever
- Diarrhea
- Vomiting
- Discharges of the eyes or ears
- Heavy nasal discharges
- Persistent cough
- Unidentified rash

If your child is sent home from school/camp because of diarrhea, vomiting, fever, or any of the above symptoms, they must remain at home for the next school/camp day. **THEY MAY NOT RETURN TO SCHOOL/CAMP UNTIL THEY ARE SYMPTOM FREE FOR AT LEAST 24 HOURS.** Below is a list of common childhood infections and illnesses. This list is meant as a guide to help you decide if your child is contagious or not. Your child's pediatrician should make the final determination. All children missing more than three consecutive days of school/camp are required to have a doctor's certificate stating they are free of contagious diseases and may return to school/camp.

Please note that if you are called to pick up your child due to any of the conditions listed below and are unable to do so, it is necessary that arrangements be made for an authorized person to pick up your child as soon as possible.

COLDS: Children are contagious for three to four days after symptoms appear (and one day before).

STREP THROAT: From one day before children are sick until 24 hours after they have started antibiotics.

CHICKEN POX: Until all lesions are crusted over, about seven to ten days. Children are most contagious a day before the rash appears.

STOMACH "FLU:" Generally for as long as the child has diarrhea or fever and for 24 hours after.

DIARRHEA: If bowel movements cannot be contained in underwear or diaper, we risk possible environment contamination. The child will be sent home and must remain at home until the child is 24 hours symptom free.

CONJUNCTIVITIS: If the infection is bacterial, from the time the child's eyes are red and oozy until 24 hours after the child starts antibiotics. Viral conjunctivitis is contagious for five to seven days.

MOLLUSCUM CONTAGIOSUM: Should not prevent a child from attending school/camp. Bumps not covered by clothing should be covered with a watertight bandage at all times, especially during swimming. Covering the growths will protect other children from getting Molluscum.