

**KEHOE-FRANCE SUMMER CAMP LUNCH MENU**

**June 2020**

*HEALTHY COURSE MEALS*

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
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**Little pioneer and one-year old drink options:** whole milk or bottled water  
**Two-year old drink options:** 2% milk or bottled water  
**Preschool (Three's, PK-4, and Kinder) drink options:** 2% milk (white or chocolate), 100% orange juice, 100% apple juice, or bottled water  
**1st-8th drink options:** 2% milk (white or chocolate), 100% orange juice, 100% apple juice, bottled water, or Gatorade

Below is the menu for the first two weeks of camp. We will send the remaining weeks of June when they are available from Healthy Course Meals.

**IF YOU HAVE A YOUNGER CAMPER, PLEASE CIRCLE IF THEY WANT HOT LUNCH, A SANDWICH, OR BRING A HOME PACKED LUNCH. IF THEY WANT A SANDWICH, PLEASE INDICATE WHICH KIND. IF THEY NEED A GLUTEN-FREE OR VEGETARIAN OPTION, PLEASE INDICATE THIS ON THE MENU AS WELL. PLEASE RETURN THE COMPLETED MENU TO THEIR COUNSELOR.**

22	23	24	25	26
<p><b>Entree with sides</b> Salisbury steak, mashed potatoes, veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Tacos, Mexican rice, corn, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Huey P's Pizza (cheese, pepperoni, or veggie)</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Fried chicken sandwich, french fries, veggies, fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Crispy fish, baked macaroni, veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>
29	30	July 1	July 2	July 3
<p><b>Entree with sides</b> Chicken pasta, sauteed veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Chicken fried rice, veggies, fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Huey P's Pizza (cheese, pepperoni, or veggie)</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Chicken tenders, french fries, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>No Camp</b></p>