

KEHOE-FRANCE SUMMER CAMP LUNCH MENU

July 2020

| <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> |
|---|--|---|--|--|
| <p>Little pioneer and one-year old drink options: whole milk or bottled water Two-year old drink options: 2% milk or bottled water Preschool (Three's, PK-4, and Kinder) drink options: 2% milk (white or chocolate), 100% orange juice, 100% apple juice, or bottled water 1st-8th drink options: 2% milk (white or chocolate), 100% orange juice, 100% apple juice, bottled water, or Gatorade</p> <p>Below is the menu for the next two weeks of camp. We will send the remaining weeks of July when they are available.</p> <p>IF YOU HAVE A YOUNGER CAMPER, PLEASE CIRCLE IF THEY WANT HOT LUNCH, A SANDWICH, OR BRING A HOME PACKED LUNCH. IF THEY WANT A SANDWICH, PLEASE INDICATE WHICH KIND. IF THEY NEED A GLUTEN-FREE OR VEGETARIAN OPTION, PLEASE INDICATE THIS ON THE MENU AS WELL. PLEASE RETURN THE COMPLETED MENU TO THEIR COUNSELOR.</p> | | | | |
| 6 | 7 | 8 | 9 | 10 |
| <p>Entree with sides Salisbury steak, mashed potatoes, veggies, fresh fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> | <p>Entree with sides Tacos, Mexican rice, corn, fresh fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> | <p>Entree with sides Chicken tenders, french fries, fresh fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> | <p>Entree with sides Pulled chicken sliders, french fries, fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> | <p>Entree with sides Seafood pasta, veggies, fresh fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> |
| 13 | 14 | 15 | 16 | 17 |
| <p>Entree with sides Red beans and rice with turkey sausage, salad, fresh fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> | <p>Entree with sides Huey P's Pizza (cheese, pepperoni, or veggie)</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> | <p>Entree with sides Cheeseburger, fries, fresh fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> | <p>Entree with sides Roasted turkey, mashed potatoes, veggies, fresh fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> | <p>Entree with sides Crispy fish, baked macaroni, veggies, fruit</p> <p>Sandwich PB&J, cheese, grilled cheese</p> <p>Packed Lunch</p> |