

**KEHOE-FRANCE SUMMER CAMP LUNCH MENU**

**July 2020**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><b>Little pioneer and one-year old drink options:</b> whole milk or bottled water  <b>Two-year old drink options:</b> 2% milk or bottled water  <b>Preschool (Three's, PK-4, and Kinder) drink options:</b> 2% milk (white or chocolate), 100% orange juice, 100% apple juice, or bottled water  <b>1st-8th drink options:</b> 2% milk (white or chocolate), 100% orange juice, 100% apple juice, bottled water, or Gatorade</p> <p>Below is the menu for the next two weeks of camp. We will send the remaining weeks of July when they are available.</p> <p><b>IF YOU HAVE A YOUNGER CAMPER, PLEASE CIRCLE IF THEY WANT HOT LUNCH, A SANDWICH, OR BRING A HOME PACKED LUNCH. IF THEY WANT A SANDWICH, PLEASE INDICATE WHICH KIND. IF THEY NEED A GLUTEN-FREE OR VEGETARIAN OPTION, PLEASE INDICATE THIS ON THE MENU AS WELL. PLEASE RETURN THE COMPLETED MENU TO THEIR COUNSELOR.</b></p>				
20	21	22	23	24
<p><b>Entree with sides</b> Cheese tortellini with marinara sauce, fresh veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Tacos, Mexican rice, corn, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Fried chicken sandwich, french fries, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Roast beef with rice, veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Chicken pasta, veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>
27	28	29	30	31
<p><b>Entree with sides</b> Salisbury steak with mashed potatoes, veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Spaghetti with meat sauce, veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Chicken tenders with mac and cheese, veggies, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Cheeseburger, fries, fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>	<p><b>Entree with sides</b> Huey P's pizza (cheese or pepperoni), fresh fruit</p> <p><b>Sandwich</b> PB&amp;J, cheese, grilled cheese</p> <p><b>Packed Lunch</b></p>